

Port of Virginia Health and Safety Rules - Motor Carriers



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| 1 | Vehicles, equipment, and pedestrians must follow established traffic patterns and signage. |
| 2 | The speed limit is 20 mph, unless posted otherwise. |
| 3 | The use of a cell phone or personal electronic device, as well as wearing a headset, blue-tooth or ear buds is prohibited while OPERATING a MOVING vehicle/equipment OR while OPERATING controls such as hoisting a spreader bar OR while on foot within 50 feet of active cargo operations. |
| 4 | Seatbelt use is mandatory in a MOVING vehicle or equipment, to include the shoulder harness if equipped, as designed. |
| 5 | An ANSI-2 vest/shirt that is YELLOW-GREEN or ORANGE and safety shoes must be worn, as designed, when outside on POV property, except in personal vehicle parking areas or when in/on a piece of equipment. This also applies on vessels, in warehouses, and in parts rooms. Suspenders do not meet this requirement. Terminal maintenance employees wear the authorized uniform. Motor carriers must wear closed-toe shoes. Eye and hand protection is required when exposed to or using a power saw, nail gun, chain cutter, grinder, or drill. Chainsaw use requires safety glasses plus full face protection with helmet, chaps, and leather gloves. Servicing open vehicle batteries requires safety glasses plus full face protection, apron, and gloves. |
| 6 | Hard hats that are OSHA compliant must be worn when exposed to a vertical hazard such as under a crane, on vessels, or in a transfer zone. Hard hats are also required for line-handler and land-bridge duties or within 50 feet of operating cargo handling equipment or heavy equipment. |
| 7 | Any action that has the potential to adversely impact the health or hygiene of employees, is prohibited. Feeding or leaving food for animals is prohibited. |
| 8 | Littering is prohibited. This includes throwing trash on the ground or in work vehicles/equipment. |
| 9 | Smoking/Vaping/E-Cigarette use is prohibited within 50 feet of cargo containers, on vessels, in work vehicles/equipment, inside buildings, or inside work booths. |
| 10 | Passing a MOVING vehicle/equipment is prohibited, unless road markings permit passing. |
| 11 | Driving or walking behind a vehicle/equipment that is moving in reverse, within 50 feet, is prohibited. When pedestrians are walking/working in an area exposed to vehicle traffic, they must be protected with cones, barriers, or painted safety lanes. |
| 12 | In Out-of-Gauge Cargo Areas, motor carriers must remain in their truck OR be standing next to the groundman OR be greater than 50 feet from MOVING container handling equipment. |
| 13 | While waiting to back into a lane, coordination with other motor carriers to determine who will back-in next is acceptable for up to two minutes, then drivers must be in their cab. At SNIT, staging in front of stacks is prohibited. If a stack is full upon arrival, or during dual moves, drivers must proceed back to staging lanes and wait for notification to proceed. Backing into any stack lane with a red light on is prohibited. |
| 14 | Once backed into a transfer zone lane and waiting, motor carriers may not leave their lane except to use the yellow driver assistance phone, speak with an exception clerk in the pickup truck, or use a porta-toilet. Headlights and taillights must be off. Ensure pins are unlocked for removal of container. Placing hands or feet under a suspended load/container for any reason, to include adjusting the length of a chassis, is prohibited. |
| 15 | Vehicles, equipment, cargo, gensets, and chassis must be parked in a marked location. In the GENSET mounting areas, during loading/unloading, motor carriers must remain in the booth with the sign that says, "Driver must stand |

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| 16 | Motor Carrier movement on the dock requires an escort. |
| 17 | At the PPCY, motor carriers must remain within the jersey walls on the paved surface. Traffic between the jersey walls is one-way, except for PPCY operations vehicles. While WAITING to be loaded/unloaded or while BEING loaded/unloaded, motor carriers must either remain in the cab OR next to the cab door on the same side as the Side-Loader. Standing next to chassis during loading is prohibited. Secure locking pins and inspect containers in an area protected from truck traffic. Driving or walking through container stacks is prohibited. |
| 18 | During terminal operating hours that require a reservation, motor carrier entry into the terminal OCR portals must occur within +/- 30 minutes of the reservation window. Waiting in front of the OCR portals or in the driver's assistance parking lot for a validated reservation entry time, is prohibited. If a "Turnaround - No Exit" ticket is issued, the motor carrier is required to follow the instructions. Departing without an EIR is prohibited. Motor carriers with four axles or more, departing NIT onto Hampton Blvd. southbound OR entering NIT from Hampton Blvd. northbound, before 6am or after 4pm, is prohibited. |
| The Terminal Safety Excellence Program may be found at https://operations.portofvirginia.com/health-safety | |

