

FOR THE SUPERVISOR**PURPOSE:**

This brief runs 2–3 minutes. Keep it conversational.

BEFORE THE BRIEFING:

- Read through once.
- Think about suspended load work on today's shift.
- Be ready to listen more than you talk.

DURING THE BRIEFING:

- Share the story below in your own words.
- Ask the questions. Let the crew respond.
- Keep it focused on today.

Remember: A safety brief is a real conversation — not a box to check

STORY TO SHARE**“BEFORE YOU GO UP”**

Nobody thinks the fall is coming.

That's the thing about working at height – the risk doesn't announce itself. You've clipped in a hundred times. You know the job. You're in a hurry. And most of the time, nothing happens. But a harness that isn't checked, an anchor point that isn't verified, a lanyard that isn't attached right – those aren't small things. At height, those are the difference between going home and not going home.

And it's not just you. The person next to you on that platform is counting on you to have your gear right. Because if something goes wrong up there, they're the one who has to watch it happen.

So before anyone goes up – check your gear. **Every strap. Every buckle. Every D-ring.** Verify your anchor. Stay attached. And near water, wear your PFD. Do it for yourself. Do it for the brother or sister working next to you. Do it for the cookout Saturday, the game Sunday, the people at home who are counting on you to walk back through that door.

DISCUSSION QUESTIONS

- Is there work at height on this shift? What's the plan before anyone goes up?
- When did you last do a full inspection of your harness – and what exactly are you checking for?
- If a coworker skipped a gear check because they were running behind, would you say something? What would you say?

(Keep responses short and practical.)

CLOSING REMARKS

Falls don't happen because people don't care. They happen when we rush, when we assume, when we skip one step.

Inspect your gear. Verify your anchor. Look out for the person next to you.

Because at The Port of Virginia... **WE PROTECT WHAT MATTERS**

